

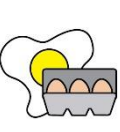


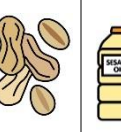


## DISHES AND THEIR ALLERGEN CONTENT – Bankton Nursery

| DISHES                               |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|--------------------------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
|                                      | Celery  | Cereals containing gluten   | Crustaceans   | Eggs  | Fish  | Lupin  | Milk  | Mollusc   | Mustard   | Nuts  | Peanuts   | Sesame seeds  | Soya  | Sulphur Dioxide   |
| Crackers with cheese and fruit       |   | ✓   |   |   |   |  | ✓   |   |   |   |   |   |   |   |
| Cereal with milk and fruit           |   | ✓   |   |   |   |  | ✓   |   |   |   |   |   |   |   |
| Waffles and peaches                  |   | ✓   |   | ✓   |   |  |   |   |   |   |   |   | ✓   |   |
| Pitta bread with ham and pineapple   |   | ✓   |   |   |   |  |   |   |   |   |   |   | ✓   |   |
| Yogurt and banana                    |   |   |   |   |   |  | ✓   |   |   |   |   |   |   |   |
| Oatcakes with cream cheese and fruit |   | ✓   |   |   |   |  | ✓   |   |   |   |   |   |   |   |
| Buttered toast and banana            |   | ✓   |   |   |   |  | ✓   |   |   |   |   |   | ✓   |   |
| Crispbread and fruit cocktail        |   | ✓   |   |   |   |  | ✓   |   |   |   |   |   |   |   |
| Rice cakes and mandarins             |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Beans on toast with apples           |   | ✓   |   |   |   |  | ✓   |   |   |   |   |   | ✓   |   |
| Houmous with carrot sticks           |   |   |   |   |   |  |   |   |   |   |   | ✓   |   |   |

|                                  |   |   |  |   |  |  |   |  |   |  |  |   |   |  |
|----------------------------------|---|---|--|---|--|--|---|--|---|--|--|---|---|--|
| Breadsticks with dip* and apples |   | ✓ |  |   |  |  | ✓ |  |   |  |  | ✓ |   |  |
| *Cheese and chive dip            |   |   |  | ✓ |  |  | ✓ |  |   |  |  |   |   |  |
| *Sour cream and chive dip        |   |   |  | ✓ |  |  | ✓ |  | ✓ |  |  |   |   |  |
| *Tzatziki dip                    |   |   |  |   |  |  | ✓ |  |   |  |  |   |   |  |
| *Salsa dip                       |   |   |  |   |  |  |   |  |   |  |  |   |   |  |
| Toasted cheese and orange        |   | ✓ |  |   |  |  | ✓ |  |   |  |  |   | ✓ |  |
| Rolls with chicken and raisins   |   | ✓ |  |   |  |  |   |  |   |  |  |   | ✓ |  |
| Vegetable soup                   |   | ✓ |  |   |  |  |   |  |   |  |  |   |   |  |
| Red lentil soup                  | ✓ | ✓ |  |   |  |  |   |  |   |  |  |   |   |  |
| Cream of chicken soup            |   | ✓ |  |   |  |  | ✓ |  |   |  |  |   |   |  |
|                                  |   |   |  |   |  |  |   |  |   |  |  |   |   |  |

Review date: 13 March 2018

Reviewed by: L Sutherland



You can find this template, including more information at [www.food.gov.uk/allergy](http://www.food.gov.uk/allergy)